



Menu

Monday 22nd July

Lunch

Summer Garden Vegetable and Spinach Tart with Salad
Fruit Salad

Tea

Hot Dogs with Homemade Chutney
(Contains: Wheat and Dairy)

Tuesday 23rd July

Lunch

Smoked Haddock, Leek and Pea Risotto
Natural Yoghurt and Honey

Tea

Chicken Salad
(Contains: Wheat and Dairy)

Wednesday 24th July

Lunch

Chicken and Vegetable Stir Fry
Homemade Fruit Scones

Tea

Roasted Vegetable Pasta
(Contains: Wheat, Gluten and Dairy)

Thursday 25th July

Lunch

Vegetable Chili and Brown Rice
Homemade Banana Bread

Tea

Wholegrain Sandwiches and Crudités
(Contains: Celery, Dairy and Wheat)

Friday 26th July

Lunch

Mixed Bean and Chickpea Stew with Bulgar Wheat
Fruit Salad

Tea

Tuna Pitta Pockets and Crudités
(Contains: Wheat, Celery and Dairy)

