

# <u>Menu</u>

## Monday 5<sup>th</sup> August

Lunch Spaghetti Bolognaise with Hidden Vegetables Fruit Salad <u>Tea</u> Roasted Vegetable, Lentil and Halloumi Bake (Contains: Wheat, Gluten and Dairy)

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## Tuesday 6<sup>th</sup> August

Lunch Spring Orzo with Garden Vegetables Cinnamon Stewed Apples with Cream <u>Tea</u> Ham and Cream Cheese Bagels with Crudités

(Contains: Wheat, Gluten, Celery and Dairy)

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Wednesday 7<sup>th</sup> August

Lunch Lemon and Herb Butter Fish with Mash and Seasonal Vegetables Grilled Banana and Yogurt <u>Tea</u> Red Dragon Lentil Pie (Contains: Dairy)

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### Thursday 8<sup>th</sup> August

Lunch Chicken and Vegetable Puff Pastry Pie Fruit Salad <u>Tea</u> Spinach, Sweet Potato and Lentil Dahl with Flat Bread (Contains: Dairy and Wheat)

#### Friday 9th August

Lunch Mixed Bean Chili with Brown Rice Roasted Pineapple with Ice Cream <u>Tea</u> Savoury Scones and Muffins (Contains: Wheat and Dairy)

